

# Healthy Ideas For Hungry Minds!



At Smart Picks, we offer high quality games and books for every age. Let Smart Picks' award-winning products help you live a healthier, happier lifestyle by showing you the best food choices for health while putting a heaping helping of fun into that learning experience!

We challenge you to learn about whole foods, such as fresh, raw, ripe, fruits & veggies, whole grains, nuts & seeds, beans & legumes and to try new ones. Our games and books will inform and guide you!



[www.smartpicks.com](http://www.smartpicks.com)

# HEALTHY LIVING IS OUR LIFE!

## The Fruit Flies' Picnic

**Let the Fruit Flies' be your kid's helper.**

Learn along with the fruit flies' as they name 30 fruits by color. Discover how the colors of fruits keep their body healthy and strong. Hardbound, 32 pgs. Ages 3 - 12. © 2007. Price: \$15.95

## The Fish Who Wished He Could Eat Fruit & Read-A-Long CD

**This book is sure to reel in even the pickiest eaters!** Join Theo on an amazing underwater adventure as his lifelong dream comes true right before your eyes. Bonus features: Read-A-Long CD, matching game, 15 ways to get your kids to eat more fruit, green smoothie recipes. Hardbound, 36 pgs. Ages 1 - 8. © 2007. Price: \$18.95

## Molly the Monkey Finds A Pineapple

**Molly is going bananas trying to figure out where pineapples grow!** Are they in a tree like cherries, or in a bush like berries? Join this curious monkey on a tasty trek through a fruit-filled forest and valley of veggies. Feed your hunger for knowledge as Molly learns all the different ways 30 plant-based foods grow, ending with a delicious discovery that surprises everyone. Ages 1-8. © 2010. Price: \$15.95

## Food Pyramid BINGO Deluxe Updated Version!

**2008 Teacher's Choice Award!** Get your hands on the world's most popular nutrition game. Our top selling game for over 13 years. Have fun while learning about whole foods, including placement of 95 foods. Great learning tool for anyone on a vegetarian, vegan, gluten-free, heart healthy or weight loss diet. Great classroom activity! High quality. For 2-30 players. Ages 8+. © 2008. Price: \$29.95

## Fruit & Veggie Color BINGO

**Designed to fuel kids' passion for produce!** This game is not just fun - it also teaches players to name 95 fruits and vegetables by color. Includes a highly educational information sheet, charts and a coloring activity sheet, all geared towards expanding the players awareness and knowledge of fruits, vegetables and nutrition. Great group activity! For 2-30 players. Ages 8+. © 2009. Price: \$29.95

## MyPlate Food BINGO

**Eating is one of life's greatest pleasures,** but poor food choices and eating habits can lead to a lifetime of obesity and other health problems, low energy, general malaise, and even poor self-esteem. MyPlate Food BINGO is a fun, easy way to teach 9 year olds and up how important it is to eat healthy and grow up feeling energized and feeling great. Ages 9+. © 2012. Price: \$39.95

## Fruit Flies' Picnic Interactive CD-ROM

**The Fruit Flies' Picnic is now a fun interactive learning tool!** Learn about 48 fruits, 25 veggies, and 16 fruit-veggies. Includes 100 pop-up windows with fun fruit facts and history, audio narration, animated characters, clickable graphics, printable nutrition facts and supplemental documents with over 130 discussion questions. CD-ROM. Windows and Mac compatible. Ages 5 - 12. © 2007. Price: \$19.95

## Fruit Flies' Beanie Buddies

**Collect Them All!** Your favorite fruit-loving friends from The Fruit Flies' Picnic are now available as cuddly beanies. Each Fruit Fly stands 6 1/2 inches tall and holds a piece of fruit in one hand. Gracie, Zak, Ben, Nicholas and Jake. © 2005. Price: \$8.49 each

## Motivational Magnets

**Feed the need to tell everyone how you feel about healthy eating!** Decorate everything from your frig to your filing cabinets with these motivational magnets. High quality 40ml magnet. A great giveaway too. Size: 2" x 3.5" (business card size). © 2009. Price: 6 for \$5.00



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