

Matching Game

Match the color of each fruit and veggie to the color on the body.
Use the Color Key at the bottom to identify the health benefits associated with each colorful fruit and veggie.

white peaches

kiwi

plums

strawberries

apricots

bananas

tomatoes

green apples

carrots

broccoli

cherries

cauliflower

honeydew melon

black raspberries

mango

blueberries

watermelon

eggplant

yellow pears

Heart Strong	Vision Clear	Bones and Teeth Strong	Memory Sharp	Body Healthy as we grow
--------------	--------------	------------------------	--------------	-------------------------

*Note: Yellow and orange fruits and veggies have same health benefits; purple and blue fruits and veggies also have same health benefits.