



## Family Review Center 2009



### **Food Pyramid Bingo Deluxe** by Smart Picks

[4] RATE THIS PRODUCT:  
SmartPicks

**MY TAKE:** I love it when learning to live healthy is FUN! When children see that not all good things have bad style or taste, they are much more keen on adapting to living a healthier lifestyle. America has some very unhealthy children, and too many living at a very unhealthy weight. We have become more sedentary, and have way too many unhealthy food and snack choices at our fingertips. It is time to take charge of our health and the health of our children and make better choices. This game offers a fun way to educate children (and adults) on healthy eating that will increase the chances of your child making healthier choices on their own.

Bingo has never been so educational! or fun! Now families and groups can experience a new way of playing, that brings not only fun but a new view to the table.

**THEIR TAKE:** [From their website] Just like the original award-winning Food Pyramid BINGO, the 2005 updated version makes learning about basic food groups and healthy alternatives a treat for players of all ages and appetites. Based on the

new MyPyramid Food Guidance System, this game provides a variety of food choices that will improve the quality of an average American diet, making it ideal for every body - including anyone on a vegetarian, vegan, gluten-free, heart healthy or weight loss diet.

The Deluxe Edition introduces whole grains, milk and meat alternatives, as well as a wide spectrum of colorful fruits and vegetables. A category for Oils & Fats explores healthy and unhealthy fats. Portion sizes give players a sense of how much to eat at one time. And the addition of Physical Activity encourages everyone to lead a more active, healthy lifestyle.

Get your hands on the World's Most Popular Nutrition Game. Ideal from the classroom to the kitchen table, no other game feeds hungry minds like Food Pyramid BINGO. Our top selling game for 13 years with:

- # Teachers and schools (grades 2 and up)
- # Fitness Clubs and Wellness Centers
- # Families (kids age 8 and up)
- # USDA Child Nutrition Programs (WIC and After School Programs)
- # Community Nutrition Programs (Cooperative Extension)
- # Head Start, YMCA, Girl and Boy Scouts, Daycare Centers
- # Weight Management Programs
- # TOPS (Take Pounds Off Sensibly)
- # Senior Centers
- # Churches
- # Home Schooling
- # Health Departments and Health Fairs

Ages 8 & Up - 2 to 30 players

2009: Food Pyramid Bingo Deluxe SRP: \$29.95